

## Exercise Problem Sets 11

May 07 2022

**Problem 1.** Suppose that the Fourier transform of  $f \in \mathcal{S}(\mathbb{R})$  is  $\widehat{f}(\xi)$ . Find the Fourier transform of the function  $y = f(2x + 1) \cos x$ .

*Proof.* By the Euler identity,  $\cos x = \frac{e^{ix} + e^{-ix}}{2}$ . Therefore,

$$\begin{aligned} \int_{\mathbb{R}} f(2x + 1) \cos x e^{-ix\xi} dx &= \int_{\mathbb{R}} f(2x + 1) \frac{e^{ix} + e^{-ix}}{2} e^{-ix\xi} dx \\ &= \frac{1}{2} \left( \int_{\mathbb{R}} f(2x + 1) e^{-ix(\xi-1)} dx + \int_{\mathbb{R}} f(2x + 1) e^{-ix(\xi+1)} dx \right) \\ &= \frac{1}{4} \left( \int_{\mathbb{R}} f(t) e^{-i\frac{t-1}{2}(\xi-1)} dt + \int_{\mathbb{R}} f(t) e^{-i\frac{t-1}{2}(\xi+1)} dt \right) \\ &= \frac{1}{4} \left( e^{i\frac{\xi-1}{2}} \int_{\mathbb{R}} f(t) e^{-it\frac{\xi-1}{2}} dt + e^{i\frac{\xi+1}{2}} \int_{\mathbb{R}} f(t) e^{-it\frac{\xi+1}{2}} dt \right) \end{aligned}$$

which shows that the Fourier of  $y = f(2x + 1) \cos x$  is  $\frac{1}{4} \left[ e^{i\frac{\xi-1}{2}} \widehat{f}\left(\frac{\xi-1}{2}\right) + e^{i\frac{\xi+1}{2}} \widehat{f}\left(\frac{\xi+1}{2}\right) \right]$ . □

**Problem 2.** A vector-valued function  $\mathbf{u} = (u_1, u_2, \dots, u_n) : \mathbb{R}^n \rightarrow \mathbb{R}^n$  is called a Schwartz function, still denoted by  $\mathbf{u} \in \mathcal{S}(\mathbb{R}^n)$ , if  $u_j \in \mathcal{S}(\mathbb{R}^n)$  for all  $1 \leq j \leq n$ . Show the Korn inequality

$$\sum_{i,j=1}^n \|\epsilon_{ij}(\mathbf{u})\|_{L^2(\mathbb{R}^n)}^2 \geq \frac{1}{2} \sum_{i,j=1}^n \left\| \frac{\partial u_j}{\partial x_i} \right\|_{L^2(\mathbb{R}^n)}^2 \quad \forall \mathbf{u} \in \mathcal{S}(\mathbb{R}^n),$$

where  $\epsilon_{ij}(\mathbf{u}) = \frac{1}{2} \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right)$  is the symmetric part of  $D\mathbf{u}$ .

**Hint:** Use the Plancherel formula.

*Proof.* By the Plancherel formula,

$$\begin{aligned} \|\epsilon_{ij}(\mathbf{u})\|_{L^2(\mathbb{R}^n)}^2 &= \frac{1}{4} \sum_{i,j=1}^n \int_{\mathbb{R}^n} [\xi_i \xi_i \widehat{u}_j(\xi) \overline{\widehat{u}_j(\xi)} + \xi_j \xi_j \widehat{u}_i(\xi) \overline{\widehat{u}_i(\xi)} + \xi_j \xi_i \widehat{u}_i(\xi) \overline{\widehat{u}_j(\xi)} + \xi_j \xi_i \widehat{u}_i(\xi) \overline{\widehat{u}_j(\xi)}] d\xi \\ &= \sum_{i=1}^n \int_{\mathbb{R}^n} \xi_i^2 |\widehat{u}_i(\xi)|^2 d\xi + \frac{1}{4} \sum_{i \neq j} \int_{\mathbb{R}^n} [\xi_i^2 |\widehat{u}_j(\xi)|^2 + \xi_j^2 |\widehat{u}_i(\xi)|^2 + 2\xi_j \xi_i \widehat{u}_i(\xi) \overline{\widehat{u}_j(\xi)}] d\xi \\ &\geq \sum_{i=1}^n \int_{\mathbb{R}^n} \xi_i^2 |\widehat{u}_i(\xi)|^2 d\xi + \frac{1}{4} \sum_{i \neq j} \int_{\mathbb{R}^n} [\xi_i^2 |\widehat{u}_j(\xi)|^2 + \xi_j^2 |\widehat{u}_i(\xi)|^2 - \xi_i^2 |\widehat{u}_i(\xi)|^2 - \xi_j^2 |\widehat{u}_j(\xi)|^2] d\xi \\ &\geq \frac{1}{2} \sum_{i=1}^n \int_{\mathbb{R}^n} \xi_i^2 |\widehat{u}_i(\xi)|^2 d\xi + \frac{1}{4} \sum_{i \neq j} \int_{\mathbb{R}^n} [\xi_i^2 |\widehat{u}_j(\xi)|^2 + \xi_j^2 |\widehat{u}_i(\xi)|^2] d\xi \\ &\geq \frac{1}{2} \sum_{i,j=1}^n \int_{\mathbb{R}^n} \xi_i^2 |\widehat{u}_j(\xi)|^2 d\xi = \frac{1}{2} \sum_{i,j=1}^n \left\| \frac{\partial u_j}{\partial x_i} \right\|_{L^2(\mathbb{R}^n)}^2. \quad \square \end{aligned}$$

**Problem 3.** 1. Let  $d_r$  denote the dilation operator defined by  $d_r f(x) = f\left(\frac{x}{r}\right)$ . Show that

$$\mathcal{F}(d_r f) = r^n d_{1/r} \mathcal{F}(f) \quad \forall f \in \mathcal{S}(\mathbb{R}^n). \quad (0.1)$$

2. In some occasions (especially in engineering applications), the Fourier transform and inverse Fourier transform of a (Schwartz) function  $f$  are defined by

$$\widehat{f}(\xi) = \int_{\mathbb{R}^n} f(x)e^{-i2\pi x \cdot \xi} dx \quad \text{and} \quad \check{f}(x) = \int_{\mathbb{R}^n} f(\xi)e^{i2\pi x \cdot \xi} d\xi.$$

Show that under this definition,  $\check{\check{f}} = \widehat{\widehat{f}} = f$  for all  $f \in \mathcal{S}(\mathbb{R}^n)$ . Note that you can use the Fourier Inversion Formula that we derive in class.

*Proof.* Let  $\mathcal{F}$  denote the Fourier transform operator that we used in class, and  $\widehat{\phantom{x}}$  be the Fourier transform operator in this problem.

1. Let  $d_r$  denote the dilation operator define by  $(d_r f)(x) = f(rx)$ . By the change of variables formula,

$$\begin{aligned} \mathcal{F}(d_r f)(\xi) &= \frac{1}{\sqrt{2\pi}^n} \int_{\mathbb{R}^n} (d_r f)(x)e^{-ix \cdot \xi} dx = \frac{1}{\sqrt{2\pi}^n} \int_{\mathbb{R}^n} f(r^{-1}x)e^{-ix \cdot \xi} dx \\ &= \frac{1}{\sqrt{2\pi}^n} \int_{\mathbb{R}^n} f(y)e^{-iry \cdot \xi} r^n dy = \frac{r^n}{\sqrt{2\pi}^n} \int_{\mathbb{R}^n} f(y)e^{-iy \cdot (r\xi)} dy \\ &= r^n \mathcal{F}(f)(r\xi) = r^n [d_{\frac{1}{r}} \mathcal{F}(f)](\xi) \end{aligned}$$

so that (0.1) is established.

2. Replacing  $f$  by  $d_{1/r}f$  in (0.1) implies that

$$\mathcal{F}(f) = \mathcal{F}(d_r d_{\frac{1}{r}} f) = r^n d_{\frac{1}{r}} \mathcal{F}(d_{\frac{1}{r}} f) \quad \forall f \in \mathcal{S}(\mathbb{R}^n). \quad (\diamond)$$

Similarly,  $\mathcal{F}^*(d_r f) = r^n d_{\frac{1}{r}} \mathcal{F}^*(f)$  so that

$$\mathcal{F}^*(f) = r^n d_{\frac{1}{r}} \mathcal{F}^*(d_{\frac{1}{r}} f) \quad \forall f \in \mathcal{S}(\mathbb{R}^n). \quad (\diamond\diamond)$$

Note that

$$\begin{aligned} \widehat{f}(\xi) &= \int_{\mathbb{R}^n} f(x)e^{-2\pi i x \cdot \xi} dx = \sqrt{2\pi}^n \mathcal{F}(f)(2\pi\xi) = \sqrt{2\pi}^n [d_{\frac{1}{2\pi}} \mathcal{F}(f)](\xi) \\ &= \frac{1}{\sqrt{2\pi}^n} (2\pi)^n [d_{\frac{1}{2\pi}} \mathcal{F}(f)](\xi) = \frac{1}{\sqrt{2\pi}^n} \mathcal{F}(d_{2\pi} f)(\xi) \end{aligned}$$

and

$$\check{f}(\xi) = \widehat{f}(-\xi) = \frac{1}{\sqrt{2\pi}^n} \mathcal{F}(d_{2\pi} f)(-\xi) = \frac{1}{\sqrt{2\pi}^n} \mathcal{F}^*(d_{2\pi} f)(\xi).$$

Therefore,  $(\diamond)$  implies that

$$\begin{aligned} \check{\check{f}}(\xi) &= \frac{1}{\sqrt{2\pi}^n} \mathcal{F}^*(d_{2\pi} \widehat{f})(\xi) = \frac{1}{\sqrt{2\pi}^n} \mathcal{F}^*\left(\frac{1}{\sqrt{2\pi}^n} d_{2\pi} \mathcal{F}(d_{2\pi} f)\right)(\xi) \\ &= \mathcal{F}^*((2\pi)^{-n} d_{2\pi} \mathcal{F}(d_{2\pi} f))(\xi) = \mathcal{F}^*(\mathcal{F} f)(\xi) = f(\xi). \end{aligned}$$

Similarly,  $(\diamond\diamond)$  implies that

$$\widehat{\widehat{f}}(\xi) = \mathcal{F}((2\pi)^{-n} d_{2\pi} \mathcal{F}^*(d_{2\pi} f))(\xi) = \mathcal{F}(\mathcal{F}^* f)(\xi) = f(\xi). \quad \square$$

**Problem 4.** 1. Let  $f : \mathbb{R} \rightarrow \mathbb{C}$  be a continuous integrable function such that  $\hat{f}$  is also integrable.

Show that

$$f(x) = \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) \cos[(x-y)\xi] dy \right) d\xi \quad \forall x \in \mathbb{R}.$$

2. If in addition to condition in 1,  $f$  is an even function. Show that

$$f(x) = \frac{2}{\pi} \int_0^{\infty} \left( \int_0^{\infty} f(y) \cos(x\xi) \cos(y\xi) dy \right) d\xi.$$

3. If in addition to condition in 1,  $f$  is an odd function. Show that

$$f(x) = \frac{2}{\pi} \int_0^{\infty} \left( \int_0^{\infty} f(y) \sin(x\xi) \sin(y\xi) dy \right) d\xi.$$

4. For a function  $g : [0, \infty) \rightarrow \mathbb{C}$  satisfying  $\int_0^{\infty} |g(x)| dx < \infty$ , the Fourier cosine transform and the Fourier sine transform of  $g$ , denoted by  $\mathcal{F}_{\cos}[g]$  and  $\mathcal{F}_{\sin}[g]$  respectively, are functions defined by

$$\mathcal{F}_{\cos}[g](\xi) = \sqrt{\frac{2}{\pi}} \int_0^{\infty} g(y) \cos(y\xi) dy \quad \text{and} \quad \mathcal{F}_{\sin}[g](\xi) = \sqrt{\frac{2}{\pi}} \int_0^{\infty} g(y) \sin(y\xi) dy.$$

(a) Show that if  $\mathcal{F}_{\cos}[g] \in L^1(\mathbb{R})$ , then

$$g(x) = \mathcal{F}_{\cos}[\mathcal{F}_{\cos}[g]](x) \quad \text{whenever } x \in [0, \infty) \text{ and } g \text{ is continuous at } x,$$

or equivalently,

$$g(x) = \frac{2}{\pi} \int_0^{\infty} \left( \int_0^{\infty} g(y) \cos(y\xi) dy \right) \cos(x\xi) d\xi$$

whenever  $x \in [0, \infty)$  and  $g$  is continuous at  $x$ .

(b) Show that if  $\mathcal{F}_{\sin}[g] \in L^1(\mathbb{R})$ , then

$$g(x) = \mathcal{F}_{\sin}[\mathcal{F}_{\sin}[g]](x) \quad \text{whenever } x \in [0, \infty) \text{ and } g \text{ is continuous at } x,$$

or equivalently,

$$g(x) = \frac{2}{\pi} \int_0^{\infty} \left( \int_0^{\infty} g(y) \sin(y\xi) dy \right) \sin(x\xi) d\xi$$

whenever  $x \in (0, \infty)$  and  $g$  is continuous at  $x$ .

**Hint of 4:** Consider the even or odd extension of  $g$ , and apply conclusions in 2 and 3.

*Proof.* 1. Let  $f$  be a continuous integrable function such that  $\hat{f}$  is also integrable. Then  $\check{f}$  is also integrable; thus the Fourier inversion formula implies that

$$f(x) = \check{\check{f}}(x) = \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) e^{-iy\xi} dy \right) e^{ix\xi} d\xi = \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) e^{i(x-y)\xi} dy \right) d\xi$$

and

$$f(x) = \hat{\hat{f}}(x) = \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) e^{iy\xi} dy \right) e^{-ix\xi} d\xi = \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) e^{-i(x-y)\xi} dy \right) d\xi$$

whenever  $f$  is continuous at  $x$ . Therefore, if  $f$  is continuous at  $x$ , then

$$\begin{aligned} f(x) &= \frac{1}{2} \left[ \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) e^{i(x-y)\xi} dy \right) d\xi + \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) e^{-i(x-y)\xi} dy \right) d\xi \right] \\ &= \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) \frac{e^{i(x-y)\xi} + e^{-i(x-y)\xi}}{2} dy \right) d\xi \\ &= \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) \cos[(x-y)\xi] dy \right) d\xi. \end{aligned}$$

We note that by the sum and difference of angles identities, the identity above implies that

$$f(x) = \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) [\cos(x\xi) \cos(y\xi) + \sin(x\xi) \sin(y\xi)] dy \right) d\xi. \quad (0.2)$$

2. If  $f$  is an even function, then  $\int_{\mathbb{R}} f(y) \sin(x\xi) \sin(y\xi) dy = 0$ ; thus (0.2) shows that if  $f$  is continuous at  $x$ ,

$$\begin{aligned} f(x) &= \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) \cos(x\xi) \cos(y\xi) dy \right) d\xi \\ &= \frac{1}{2\pi} \int_{\mathbb{R}} \left( 2 \int_0^{\infty} f(y) \cos(y\xi) dy \right) \cos(x\xi) d\xi. \end{aligned}$$

Note that the inner integral is an even function of  $\xi$ , so

$$\begin{aligned} f(x) &= \frac{2}{2\pi} \int_0^{\infty} \left( 2 \int_0^{\infty} f(y) \cos(y\xi) dy \right) \cos(x\xi) d\xi \\ &= \frac{2}{\pi} \int_0^{\infty} \left( \int_0^{\infty} f(y) \cos(y\xi) dy \right) \cos(x\xi) d\xi. \end{aligned}$$

3. If  $f$  is an odd function, then  $\int_{\mathbb{R}} f(y) \cos(x\xi) \cos(y\xi) dy = 0$ ; thus (0.2) shows that if  $f$  is continuous at  $x$ ,

$$\begin{aligned} f(x) &= \frac{1}{2\pi} \int_{\mathbb{R}} \left( \int_{\mathbb{R}} f(y) \sin(x\xi) \sin(y\xi) dy \right) d\xi \\ &= \frac{1}{2\pi} \int_{\mathbb{R}} \left( 2 \int_0^{\infty} f(y) \sin(y\xi) dy \right) \sin(x\xi) d\xi. \end{aligned}$$

Note that the inner integral is an odd function of  $\xi$ , so

$$\begin{aligned} f(x) &= \frac{2}{2\pi} \int_0^{\infty} \left( 2 \int_0^{\infty} f(y) \sin(y\xi) dy \right) \sin(x\xi) d\xi \\ &= \frac{2}{\pi} \int_0^{\infty} \left( \int_0^{\infty} f(y) \sin(y\xi) dy \right) \sin(x\xi) d\xi. \end{aligned}$$

4. Suppose that  $g : [0, \infty) \rightarrow \mathbb{C}$  is integrable.

(a) Let  $f : \mathbb{R} \rightarrow \mathbb{C}$  be defined by

$$f(x) = \begin{cases} g(x) & \text{if } x \geq 0, \\ g(-x) & \text{if } x < 0. \end{cases}$$

Then  $f$  is an even function and is integrable on  $\mathbb{R}$ . Moreover,

$$\begin{aligned}\widehat{f}(\xi) &= \frac{1}{\sqrt{2\pi}} \int_{\mathbb{R}} f(y) e^{-iy\xi} dy = \frac{1}{\sqrt{2\pi}} \int_{\mathbb{R}} f(y) [\cos(y\xi) - i \sin(y\xi)] dy \\ &= \frac{1}{\sqrt{2\pi}} \int_{\mathbb{R}} f(y) \cos(y\xi) dy - i \frac{1}{\sqrt{2\pi}} \int_{\mathbb{R}} f(y) \sin(y\xi) dy.\end{aligned}$$

By the definition of  $f$ ,

$$\begin{aligned}\int_{\mathbb{R}} f(y) \cos(y\xi) dy &= \int_0^{\infty} f(y) \cos(y\xi) dy + \int_{-\infty}^0 f(y) \cos(y\xi) dy \\ &= \int_0^{\infty} g(y) \cos(y\xi) dy + \int_{-\infty}^0 g(-y) \cos(y\xi) dy \\ &= \int_0^{\infty} g(y) \cos(y\xi) dy + \int_{\infty}^0 g(y) \cos(-y\xi) d(-y) \\ &= 2 \int_0^{\infty} g(y) \cos(y\xi) dy = \sqrt{2\pi} \mathcal{F}_{\cos}[g](\xi)\end{aligned}$$

and

$$\begin{aligned}\int_{\mathbb{R}} f(y) \sin(y\xi) dy &= \int_0^{\infty} f(y) \sin(y\xi) dy + \int_{-\infty}^0 f(y) \sin(y\xi) dy \\ &= \int_0^{\infty} g(y) \sin(y\xi) dy + \int_{-\infty}^0 g(-y) \sin(y\xi) dy \\ &= \int_0^{\infty} g(y) \sin(y\xi) dy + \int_{\infty}^0 g(y) \sin(-y\xi) d(-y) = 0;\end{aligned}$$

thus  $\widehat{f} = \mathcal{F}_{\cos}[g]$  which implies that  $\widehat{f} \in L^1(\mathbb{R})$ . On the other hand,  $\check{f}(\xi) = \widehat{f}(-\xi) = \mathcal{F}_{\cos}[g](\xi)$ ; thus the Fourier inversion formula implies that

$$\mathcal{F}_{\cos}[\mathcal{F}_{\cos}[g]](x) = \widehat{\widehat{f}}(x) = f(x)$$

whenever  $f$  is continuous at  $x$ . In particular, if  $x \in [0, \infty)$  and  $g$  is continuous at  $x$ , then  $f$  is continuous at  $x$  and  $f(x) = g(x)$  which imply that

$$\mathcal{F}_{\cos}[\mathcal{F}_{\cos}[g]](x) = g(x) \quad \text{whenever } x \in (0, \infty) \text{ and } g \text{ is continuous at } x.$$

(b) Let  $f : \mathbb{R} \rightarrow \mathbb{C}$  be defined by

$$f(x) = \begin{cases} g(x) & \text{if } x > 0, \\ -g(-x) & \text{if } x < 0, \\ 0 & \text{if } x = 0. \end{cases}$$

Then  $f$  is an odd function and is integrable on  $\mathbb{R}$ . Moreover,

$$\begin{aligned}\widehat{f}(\xi) &= \frac{1}{\sqrt{2\pi}} \int_{\mathbb{R}} f(y) e^{-iy\xi} dy = \frac{1}{\sqrt{2\pi}} \int_{\mathbb{R}} f(y) [\cos(y\xi) - i \sin(y\xi)] dy \\ &= \frac{1}{\sqrt{2\pi}} \int_{\mathbb{R}} f(y) \cos(y\xi) dy - i \frac{1}{\sqrt{2\pi}} \int_{\mathbb{R}} f(y) \sin(y\xi) dy.\end{aligned}$$

By the definition of  $f$ ,

$$\begin{aligned}\int_{\mathbb{R}} f(y) \cos(y\xi) dy &= \int_0^{\infty} f(y) \cos(y\xi) dy + \int_{-\infty}^0 f(y) \cos(y\xi) dy \\ &= \int_0^{\infty} g(y) \cos(y\xi) dy - \int_{-\infty}^0 g(-y) \cos(yxi) dy \\ &= \int_0^{\infty} g(y) \cos(y\xi) dy - \int_{\infty}^0 g(y) \cos(-y\xi) d(-y) = 0\end{aligned}$$

and

$$\begin{aligned}\int_{\mathbb{R}} f(y) \sin(y\xi) dy &= \int_0^{\infty} f(y) \sin(y\xi) dy + \int_{-\infty}^0 f(y) \sin(y\xi) dy \\ &= \int_0^{\infty} g(y) \sin(y\xi) dy - \int_{-\infty}^0 g(-y) \sin(yxi) dy \\ &= \int_0^{\infty} g(y) \sin(y\xi) dy - \int_{\infty}^0 g(y) \sin(-y\xi) d(-y) \\ &= 2 \int_0^{\infty} g(y) \sin(y\xi) dy = \sqrt{2\pi} \mathcal{F}_{\sin}[g](\xi); \end{aligned}$$

thus  $\hat{f} = -i\mathcal{F}_{\sin}[g]$  which implies that  $\hat{f} \in L^1(\mathbb{R})$ . On the other hand,  $\check{f}(\xi) = \hat{f}(-\xi) = i\mathcal{F}_{\sin}[g](\xi)$ ; thus the Fourier inversion formula implies that

$$\mathcal{F}_{\sin}[\mathcal{F}_{\sin}[g]](x) = -i\mathcal{F}_{\sin}[i\mathcal{F}_{\sin}[g]](x) = \hat{\hat{f}}(x) = f(x)$$

whenever  $f$  is continuous at  $x$ . In particular, if  $x \in (0, \infty)$  and  $g$  is continuous at  $x$ , then  $f$  is continuous at  $x$  and  $f(x) = g(x)$  which imply that

$$\mathcal{F}_{\sin}[\mathcal{F}_{\sin}[g]](x) = g(x) \quad \text{whenever } x \in (0, \infty) \text{ and } g \text{ is continuous at } x. \quad \square$$

**Problem 5.** Suppose that  $f \in L^1(\mathbb{R})$  is continuous and  $\hat{f}(\xi) = \frac{\ln(1 + \xi^2)}{\xi^2}$ . Find  $f(0)$  and  $\int_{-\infty}^{\infty} f(x) dx$ .

*Solution.* First we claim that  $\hat{f} \in L^1(\mathbb{R})$ . To see this, note that  $\hat{f} \geq 0$  so that

$$\begin{aligned}\int_{\mathbb{R}} |\hat{f}(\xi)| d\xi &= \int_{-\infty}^{\infty} \frac{\ln(1 + \xi^2)}{\xi^2} d\xi = \left. \frac{-\ln(1 + \xi^2)}{\xi} \right|_{\xi=-\infty}^{\xi=\infty} + \int_{-\infty}^{\infty} \frac{1}{\xi} \frac{2\xi}{1 + \xi^2} d\xi \\ &= 2 \int_{-\infty}^{\infty} \frac{1}{1 + \xi^2} d\xi = 2 \arctan \xi \Big|_{\xi=-\infty}^{\xi=\infty} = 2\pi.\end{aligned}$$

Therefore, we can apply the Fourier inversion formula to obtain that

$$f(0) = \frac{1}{\sqrt{2\pi}} \int_{\mathbb{R}} \hat{f}(\xi) e^{i\xi \cdot 0} d\xi = \frac{1}{\sqrt{2\pi}} \int_{\mathbb{R}} \frac{\ln(1 + \xi^2)}{\xi^2} d\xi = \frac{2\pi}{\sqrt{2\pi}} = \sqrt{2\pi}.$$

Moreover, by the definition and the property of the Fourier transform,

$$\int_{-\infty}^{\infty} f(x) dx = \lim_{\xi \rightarrow 0} \sqrt{2\pi} \hat{f}(\xi) = \sqrt{2\pi} \lim_{t \rightarrow 0^+} \frac{\ln(1 + t)}{t} = \sqrt{2\pi}. \quad \square$$